



January 2009



ōthe Lord is my joyō psalms 104:34

Monday	Tuesday	Wednesday	Thursday	Friday
4 AM: cereal - milk PM: pears - juice chancy and bruce screening	5 AM: applesauce - milk PM: cheetos - juice chancy and bruce screening	6 AM: celery & cream cheese & cranberries - milk PM: popcorn - juice	7 AM: yogurt & granola - milk PM: trail mix - juice chancy and bruce screening	8 AM: rice cakes - milk PM: 50/50 bars - juice
11 AM: breakfast bars - milk PM: crackers & cheese - juice	12 AM: sugar cookie snowflakes - milk PM: string cheese & raisins - juice	13 AM: apples & caramel - milk PM: pudding w/ whip cream - juice	14 AM: chicken nuggets - milk PM: gogurts - juice	15 AM: cucumbers & tomatoes w/ ranch - milk PM: cookies - juice
18 CLOSED Martin Luther King Jr. Day	19 AM: peaches & pretzels - milk PM: ice cream - juice	20 AM: grilled cheese - milk PM: animal crackers - juice	21 AM: cereal - milk PM: grahams w/ frosting - juice VISITATION DAY	22 AM: muffins - milk PM: goldfish & raisins - juice
25 AM: ritz, cream cheese, & jelly - milk PM: trail mix - juice	26 AM: wheat thins & salami - milk PM: rice cakes - milk	27 AM: bananas & chocolate sprinkles - milk PM: gogurts - juice	28 AM: pancakes w/ powdered sugar - milk PM: celery & ranch - juice	29 AM: applesauce - milk PM: cheese-its - juice